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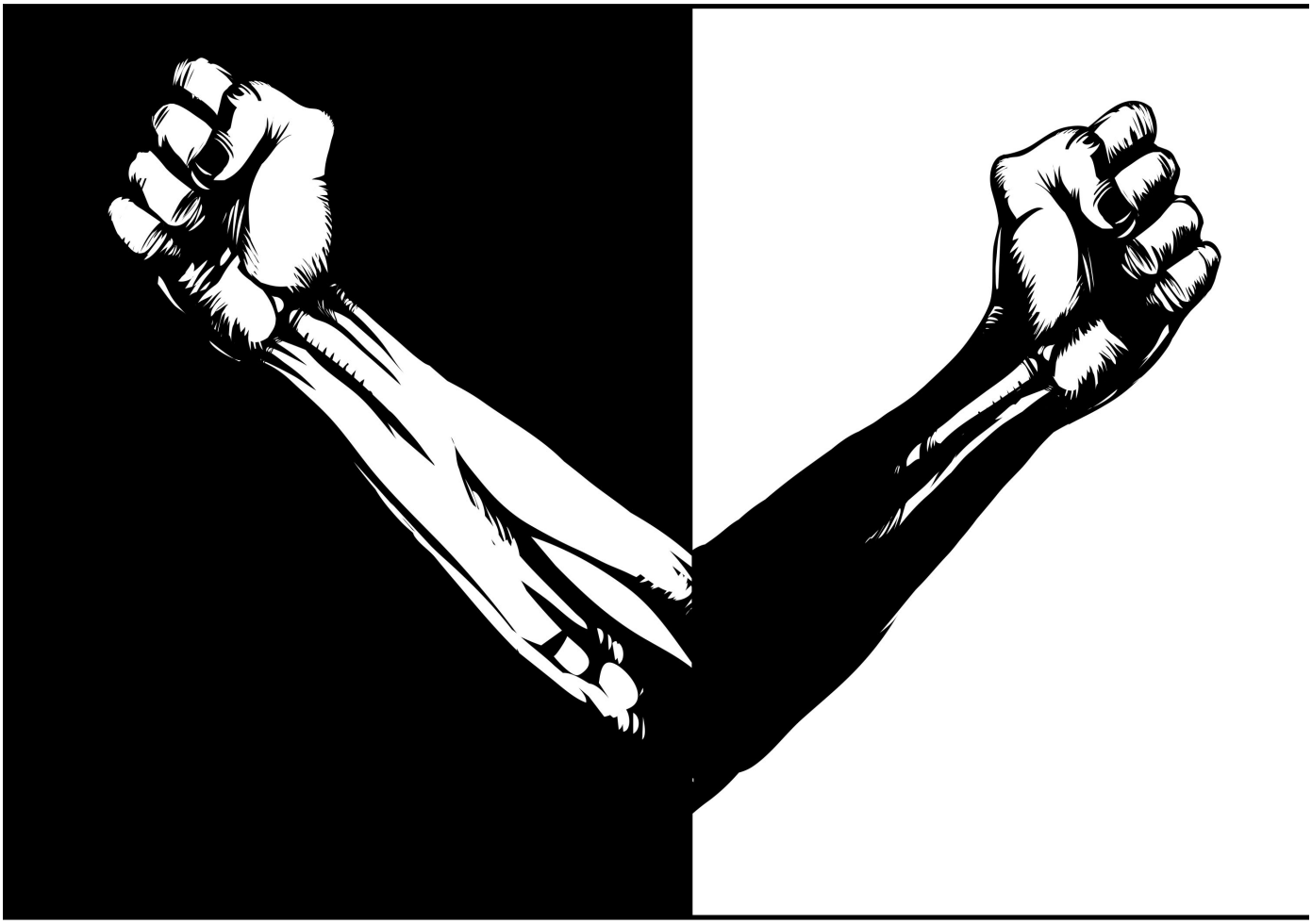
Faith & SouL

Happy Father's Day!

FASMG LOVES YOU DADS!

Inside: Wayne and 3 yr. old daughter Sunni Elizabeth, Dads On Fire For Christ, FASMG chats with Miles, Delivered Music Festival, Essence Festival, Cooking For dad, Gift Ideas, Juneteenth Celebraation, Travel to Galveston, Texas and much more.

In Recognition and Celebration of Juneteenth



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Proverbs 23:24 (KJV)

The father of the righteous shall greatly rejoice: and he that begetteth a wise child shall have joy of him.

Definition of a Father (from the Concise Bible Dictionary and Concordance; KJV)

Father: The First Person of the Holy Trinity

Father: The male parent or ancestor. In the OT, used of God as the One who made a covenant with the people of Israel.

I want to thank my Lord and savior Jesus Christ. It has been a blessing to be a mother. Though it has been some challenges but God kept me strong. Thanks God for his mercy and grace. I wish every Dad a very Bless and Happy Father's Day!

This publication is dedicated in Memory of my Dad: Walter Calais.

In this issue: Father's day, Juneteenth, 10 Gifts Ideas, Cookin' For Dad, Dads On Fire For Christ and much more.

We appreciate all of support. Thanks to our loyal advertisers and subscribers.

Good Reading!

Melinda C. Sylvester

Publisher

Faith & Soul is not responsible for all views expressed in submitted columns.

SPIRITUAL AWARENESS: SINGLE FATHER & FITNESS

Wayne Bashay gives his views on raising children in the complexity of the 21st Century
By Renarda A. Williams
Submitted Photo

As we honor and celebrate fathers on June 15, fathers continue to face challenges to raising their children in the complexity of the 21st Century. This is especially single fathers who are determined to fight the stereotype of the absentee dad.

Wayne Bashay is among those fathers successfully meeting said challenges. Bashay, 32, is a physical fitness trainer and owner of River Market Boot Camp in Little Rock, Arkansas and father of 3-year-old Sunni Elizabeth Bashay.
Bashay acknowledged to Faith and Soul News Magazine that it isn't easy being a father in today's complex society. "Especially to a daughter during the internet age," he said. "Everything is expensive, and jobs aren't near as certain as they used to be."

Patience and understanding is what it takes to be a good father, Bashay believes. "The patience to let them [children] find their own path in life, while guiding them around the problems and pitfalls you yourself went through in life; and the understanding [that] you have to let them face some of those same problems on their own," he said.

Bashay said he thinks that staying spiritually grounded is important in the upbringing of a family. "Putting God first and being connected to your spirituality is what keeps your morals intact," he said. "Without that, you leave the door open to be attacked by the bad things of the world — money, lust, etc."

Bashay's advice for other young fathers is remember that the relationship they build with their children now is going to directly affect the path their children follow in life.

"Raise them up to be thinkers and believers of more than just what they see on TV," Bashay admonished. "Teach them the importance of God and family early ... and enjoy them while they're little!"

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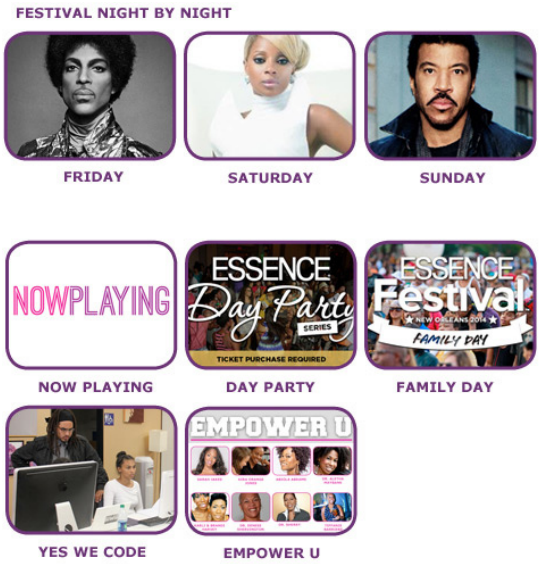

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10 GREAT FATHER'S DAY GIFT IDEAS AND HEALTHY TIPS

Special Touches: Make it a very relax environment for the day, pour his bath water, give him a massage and read a scripture together.

10 Gifts Ideas For Father's Day, Buying On A Budget:

1. Get his Truck or Vehicle Detail (Recommend Anthony's detail on University in Lafayette), 2. Get tickets to a Football Game (Southern University, Grambling, LSU, or ULL OR SAINTS), 3. Get a massage, manicure gift certificate, 4. Spiritual Book from Gifts For You To See, 5. Pay for his hair cut at his favorite barber, 6. Get a Lawn Service to do the yard weekend(give him the day off), 7. Pour his bath water, buy some soothing music, favorite old movies, 8. Organize his workshop/area, 9. Enroll him in an exercise program (get a trainer for the day), 10. Enroll him in a class at the local continuing education or technical school.

Input needed for Acadiana "Healthy Communities" Action Plan

Lafayette, LA.....On Tuesday, June 17, 2014, the Louisiana Healthy Communities Coalition in Region 4 / Acadiana is hosting an action planning session from 9am to 12pm at Begnaud Manufacturing Conference Center, 306 East Amadee Drive in Lafayette. Representatives of business, government, education, civic, tourism, recreation, agriculture, entertainment and faith-based organizations are asked to provide input for the action plan aimed at improving health status and statistics in Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin and Vermilion parishes are. There is no fee for attendance, and healthy brunch hospitality will be provided. RSVP to cancercontrol4@gmail.com or call 337.288.2225 for information.

Spiritual Awareness Dads On Fire for Christ

DADS ON FIRE FOR CHRIST PLAN TO GUIDE THE YOUTH
By: Melissa O'Neal

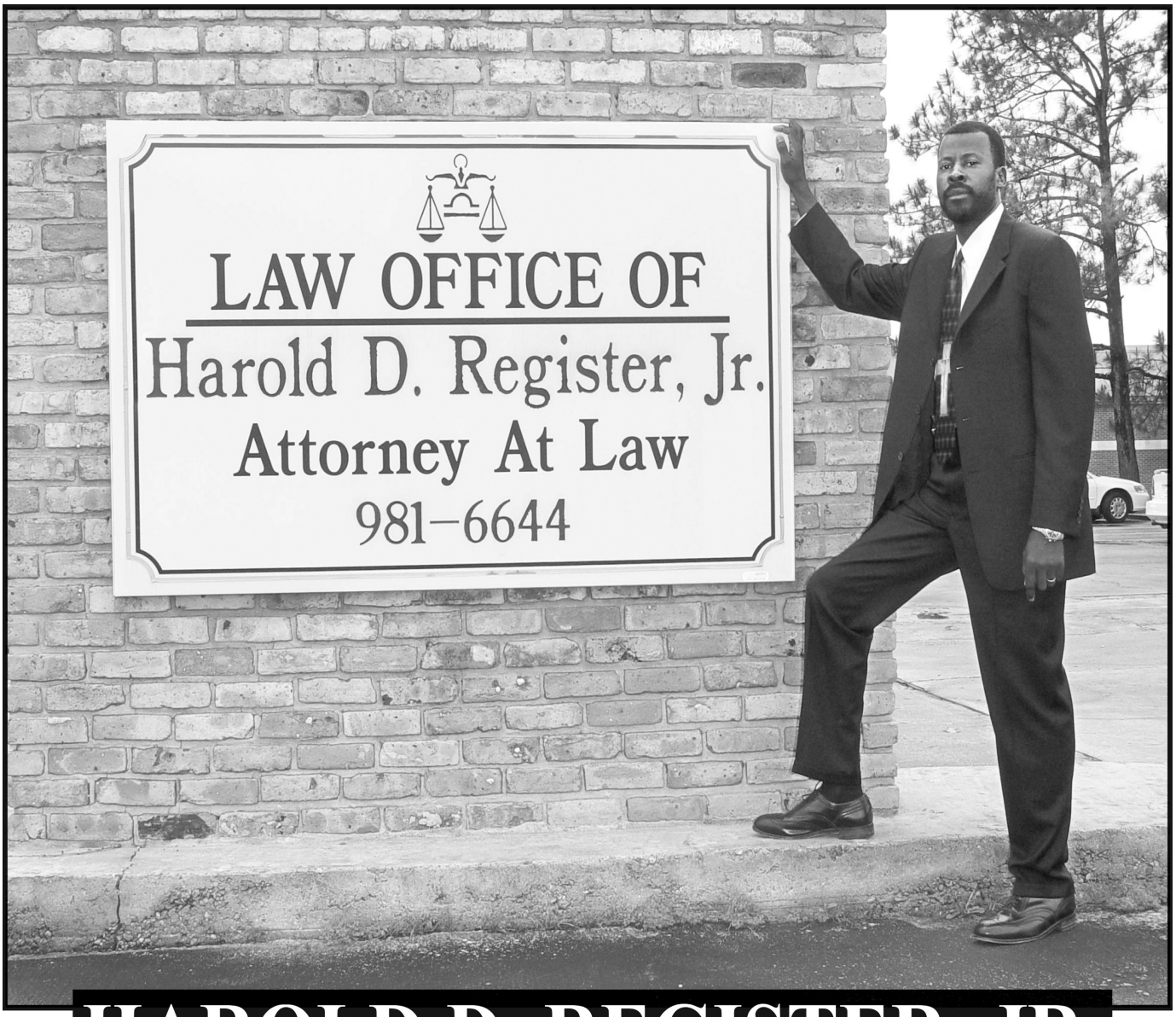
It is easy for the demands of daily living or unforeseen circumstances to distract parents from giving their children much needed attention. They inadvertently become negligent. This common mistake can lead children to raising themselves and engaging in activities that are harmful to their growth and future success as adults. However, a Lafayette-based organization, is calling more fathers to intervene as positive role models, help with upbringing and give hope to the youth.

Terence St Julien Sr. is a minister who said he established Dads on Fire for Christ six months ago. His idea formed from his involvement in a fatherhood program with a local Head Start Program. "The mission and the goal is to reach out to fathers in ministries," he commented. "Sometimes we get caught up in everything that we are doing, and it's so easy to get caught up and neglect your own kids. I want fathers to know that it's a balance. We can't forget about ours, too."

According to Julien, the organization is currently working on its efficiency and betterment. He said the group will begin going to hospitals and praying for sick children, and they will reach out to the youth in the streets, especially the fatherless. Julien also stated that there will be fishing events, and members will play sports with the children. "We will do things that dads would normally do with their kids," he said, "and we grab hands and pray first in everything that we do. It helps the kids acknowledge God in all things."

Julien affirmed that he is currently trying to plan "a day with dad." Members and youth participants may go to the zoo, a sporting event or the park. "No matter what's the denomination, we want people to know that God has provided hope to even those kids that feel hopeless. There are men who really care about the kids, and the only agenda we have is to help keep our kids off the streets of drugs and drug dealing.

"We want more graduates and less failures," he declared.



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Cookin' For The MAN

Okay the saying is the best way to get your man is through the stomach. What's a better way than to cook something to stick to your man's rib.Treat him special this Father's Day.
ABOVE: Heat up the grill with Bar-b-que or Bake Turkey Wings

While preparing the meal, put on his favorite movies or sports game. Bring him his favorite issue of Faith & Soul News Magazine to read in his favorite chair.

Add: Fresh Vegetables(Steam) or you may want to cook fresh corn.

Desert: Bread Pudding
Day old bread works best, chop bread , add milk to soak bread, add pineapples, raisins, butter, sugar, baking powder and vanilla. Pour in the baking pan sprayed with a non stick. Cook at temperature about 325 degrees for about 30-45 minutes.

Drinks:
Water, Fresh Lemonade, Tea or Cold Drinks

Bless the Meal and Enjoy! Be sure to serve him with LOVE! Eat at the table with the family. Share great Father's Day Blessings!

COVER STORY: FASMG CHATS WITH MILES

FASMG CHATS WITH MILES.....

FASMG: Who is Miles?
Miles: I am a small town guy from South Carolina. I have been writing since I was 11 years old. grew up in a church and strayed away. Thank God for His Grace and Mercy.

FASMG: What is the Group working on?
Miles: "I'm A Surviorr This song is for everybody. We hope a lot of people will be bless by this song.

FASMG: Compared to Circular Music?
Miles: It would probably be Destiny Child Group. This message is still relative. We talked more about my relationship with God. What God helped me get through my weakness and strengthened me to survive.

FASMG: What are Your Words of Encouragement?
Miles: First thing to know your purpose; what you been called to do. What is it about you that stands out. From a Christian Perspective: Know your calling, be original, stay focus an put in the work.

FASMG: What are some of your accomplishments that spark your music career?
Miles:Competed in college in New York and won first place in Nationals, Direct and taught vocals. Wrote song in North Carolina and won song of the year. In Jacksonville, FL. won "Best Performance" By praise and Worship Artist.

FASMG: What are your future goals?
Miles: To continue to write, produce powerful music with a great message. Encourage people to find Jesus and stay focus. Music is my passion want to do this for years to come.

FASMG: What is music to you?

A Christian Music Festival Event

12:15 PM Brittany Cordaro
12:35 PM Awkward Symphonic
12:50 PM Diamond Praise
01:10 PM Najuma
01:20 PM Kevin Wallace
01:40 PM Infinite
02:00 PM Adam and Belinda
02:20 PM Adam Courtney
02:40 PM Arkangels
03:00 PM Canton Jones
03:25 PM Kara Grier
03:45 PM Nicki Harris
04:15 PM Titus
04:35 PM Crimson Paradigm
04:55 PM Neal Cooper

SPORTS IN A WOMAN'S WORD

Faith & Soul News magazine is excited; we will be expanding our Sports section. We invite you to join us on facebook, twitter, instagram and our website for great sports coverage with the Woman in Mind. FASMG have got some wonderful reviews from our readers; our men thank us for putting together a section for their wives and significant others to understand them better and for their colleagues to communicate with them other than work.

Now to the NBA finals, yes Lebron was carried off the court with a cramp. I will say this is not just Lebron's fault; where was his Training team, they get paid a lot of money also, make sure this guy eat his bannas, it helps prevent cramps. We can also blame to much Gatorade since they made fun of him. Now the series is tied 1-1 Miami Heat and San Antonio. Some say gme one was to Hot for the Heat or the Heat can't stand the Heat. You must be able to perform in all temperatures, though it didn't make sense for the air Condintion to go out. San Anotnio must remember they must win the Championship; the fans will not remember that game but they will remember how Hot it was in the arena. So I think the Heat is back on the Spurs; can they Spur themselves out and win the Championship or will the Heat turn up the thermostat and endure and win the NBA Championship.

Congratulations to UL Women's Softball and UL Men's Softball Teams. Awesome season!

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Check us out for our online magazine.

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1 Corinthians 9:24 - Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain.

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COMMUNITY CONNECTIONS

SWLA Juneteenth Committee presents

June 13, 2014—6:00 P.M.

Clifton Chenier Center

A play commemorating the celebration of freedom embodied by the nineteenth of June or "Juneteenth" with the announcement of the Emancipation Proclamation by General Granger in Galveston, Texas in 1865.

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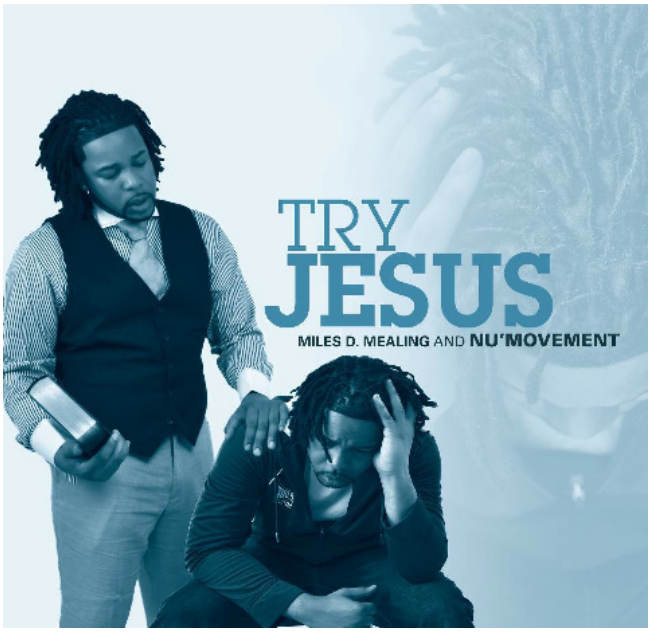
COVER STORY: FASMG CHATS WITH MILES CONTINUED



FASMG: What is music to you?
Miles: it is a Ministry. I am a firm believer to be a partaker: First know Jesus for myself before I tell someone else. People can relate when you be real. I want to be real. A Relationship with God is foremost important. it comes out most affective.

FASMG: Words of Wisdom to Young Males
Miles: i went through a season where I was out clubbing, partying doing big and bad things: strung out on drugs. had to realize how am I benefiting from that. Miles: what are you doing; you were not raised that way. i know i was hurting my mom. Society has put it thatwe "African American Young Males" won't be anything we are just another stastistic. A Young man has to get focus on them , their dreams and purpose, don't walk around without a goal.

FASMG: What is your message to the Trouble and Lost Young Man that says My daddy was not there for me?
Miles: I was once that trouble young man. My first words as it relates to God. Receiving Christ will help avoid added headaches and heartaches. Things will become better. A Young Males needs a Pastor or someone to help partake the word into his life to help him grow spiritually. A relationship with God is important. I grew up without a Father. I have a Pastor who is like a Father to me. A man of God. he is helping me become a better man. because I have a Spiritual Leader who teaches. I am confident I will be a great dad and husband. I know I can't do this on my own.

FASMG: Where can one find more information on your work?
Miles: You can facebook us" facebook/mile-numove, twitter ; website:mmemusicgroup.com

HAPPY GOD BLESS FATHER'S DAY

Lil Brian says: Thank you daddy and FASMG. I went to see the WWE at the Cajundome. My daddy said I had to do good in school to go and I did. It was a lot of fun. Faith & Soul News Magazine deepening the connection between Fathers and Sons through our program: "Reading Is Rewarding". For more information: email us: faithandsoulmag@yahoo.com

May God Continue To Bless These fathers and all the Fathers of Our Community. Fathers are very important in our Churches, Schools,State, COMMUNITY CONNECTIONS CONTINUED Our Community and our Homes!

GALVESTON ,TEXAS (TRAVEL)

Faith & Soul News Magazine gives high reviews to Galveston, Texas. Galveston, Texas is the birth-place to Juneteenth. We visited Galveston in May. We contacted the tourist office and was very well welcome. Under the reviews we rate hotel accomodations, which Galveston has some of the most affordable rates; family environment/entertainment: there is the Aqurium, Moody Gardens, Beach , Great Restaurants and other entertainment. Travel access was is through Houston which is about an hour plus from the airport and the ferry. During busy travel months there are long lines to go to Galveston and exit Galveston. It is not hard to get around, whether you are downtown or by the beach. It is a great place for family vacations, class reunions, family reunions, business conventions. For more information go to the galvestontexas.com and contact the tourist office: (888)425-4753 .Special thanks to Hawthorn Victorian Resort & Conference.

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A Vacation with the Lord!
By: Brenda Andrus

A Vacation with the Lord!

How beautiful it can be to sit in silence and listen to the birds sing, see the squirrels run around the tree or just smell the beautiful flowers all around. A Prayerful time just like a Vacation with the Lord that's right.

Yes, over 40 ladies were in attendance, some for their first time and many comes back each year. They enjoyed the message give by Mrs. Susan D. LaHaye, Father Paul, Father Jerry Nehrey and Sister Betty.

Our Lady of the Oaks Retreat House was built by the Diocese of Lafayette, Louisiana, in 1938 and was donated to the Society of Jesus. The Jesuits have administered and cared for the house since that time. For over 70 years now, this oasis of prayer has been helping to form the spirituality of people in all walks of life — from our area and beyond. We believe that Our Lady of the Oaks Jesuit Retreat House is a jewel in the crown of Grand Coteau, Louisiana. This village is home for the Jesuit order (Society of Jesus) in Louisiana and is also the place where dedicated Sacred Heart Sisters have educated young women for many years. Grand Coteau is not only beautiful, it is holy ground

The Philosphy of the Ignatian Retreat

Giving Glory to God…Growing in Discernment…Renewing our Faith Deepening Gospel Values…Finding Freedom Within.

Thanking all the cooks especially Marie who's been cooking there for over 46 years.

Contact information: Director, Our Lady of the Oaks Retreat House

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